## Post 26 Big Horn Basin Boxing Club

### 143 S. Clark

## **Powell, WY 82435**

505-385-5623

Personal Information:			
Name:			
Address:			
City: State: Zip:			
Date of Birth: Age:			
Gender: [ ] Male [ ] Female			
Phone:			
Work Phone:			
Email Address:			
Emergency Contact Information:			
Name:			
Relationship:			
Contact Number:			

# **Health Information:**

Please list all allergies, special medical conditions, or other areas of concern:			

### **Boxing/Fitness Waiver/Release Form**

For and in consideration of **Post 26** Big Horn Basin Boxing Club and American Legion Post 26, permitting the participant to enroll and participate in a boxing/fitness training class(es). Participant, by signing below, voluntarily releases from liability, indemnifies, and holds harmless Post 26 Big Horn Basin Boxing Club, American Legion Post 26, and its owners, officers, directors, volunteers, affiliates and advisors, and the facilities (collectively, "Post 26 Big Horn Basin Boxing Club") from and for any accident, injury, illness, death, loss, damage to person or property or other consequences suffered by Participant or any other person arising or resulting directly or indirectly from Participant's participation in the boxing/fitness training class(es). If the Participant is injured, the Participant agrees to assume any financial obligation, either through the Participant's personal health insurance or through some other means, for any medical costs that the Participant incurs. Post 26 Big Horn Basin Boxing Club and American Legion Post 26 assume no responsibility for any medical expenses, injury, or damage suffered by the Participant in connection with the use of the facilities, equipment, or services in connection with the boxing/fitness training class(es).

IT IS THE INTENTION OF PARTICIPANT BY SIGNING BELOW TO EXPRESSLY ASSUME ALL RISK OF PERSONAL INJURY, DEATH, OR PROPERTY DAMAGE UPON HIM/HERSELF, TO THE EXCLUSION OF Post 26 Big Horn Basin Boxing Club, and American Legion Post 26 AND TO EXEMPT AND RELIEVE Post 26 Big Horn Basin Boxing Club and American Legion Post 26 FROM LIABILITY FOR ANY & ALL PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH.

Participant further agrees that Participant, their spouse, assignees, heirs, guardians, and legal representatives will not make any claim against, sue, or attach Post 26 Big Horn Basin Boxing Club and American Legion Post 26 for any loss or damage resulting from Participant's participation in the boxing/fitness training class(es) or use of the facilities, equipment or services.

PARTICIPANTS ARE AWARE THAT THEY WILL BE ENGAGING IN A RANGE OF ACTIVITIES INCLUDING, BUT NOT LIMITED TO, JUMPING, STRETCHING, TURNING, LIFTING, PUNCHING, AND TWISTING. PARTICIPANT IS AWARE OF THE POTENTIAL DANGERS INCIDENTAL TO ENGAGING IN BOXING/FITNESS ACTIVITIES, WHICH INCLUDE BUT ARE NOT LIMITED TO STRAINS, SPRAINS, TEARS, AND BROKEN BONES.

PARTICIPANT AGREES THAT THIS IS A RELEASE OF LIABILITY, A WAIVER OF THE PARTICIPANT'S LEGAL RIGHT TO COLLECT DAMAGES IN THE EVENT OF INJURY, DEATH, OR PROPERTY DAMAGE AND A CONTRACT BETWEEN PARTICIPANT AND Post 26 Big Horn Basin Boxing Club AND PARTICIPANT SIGNS IT OF HIS/HER OWN FREE WILL.

Print Name of Participant:	
Participant's Signature:	
If Participant is under 18, Signature of parent or legal guardian:	l guardian:
Date:	

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## **Photo Release and Consent Form**

Name:
Acknowledgements:
<ul> <li>I grant permission for the organization named above to use photographs of me for any of the following purposes: websites or social media accounts, advertisements, promotional publications, articles, other marketing materials, and internal publications.</li> <li>I understand that anyone with access to the internet may freely share the photographs used online and that a local press or media may publish them.</li> </ul>
<ul> <li>I can withdraw the consent I have given at any time. However, I understand that any images already published may not be able to be entirely removed from existing materials.</li> <li>I confirm that I am of legal age to give my consent.</li> <li>I consent to the use of my photographs or video given the acknowledgments above:</li> </ul>
I Consent: [ ]
I do not consent: [ ]
Signature: Date:
Printed Name:
Parent Signature if under the age of 18:

Date:\_\_\_\_

### Post 26 Big Horn Basin Boxing Program Code of Conduct

#### **For Athletes and Parents**

We are committed to creating a positive, respectful, and supportive environment in the Post 26 Big Horn Basin Boxing Program. The following guidelines outline the expectations for both athletes and parents in order to maintain the integrity of our program:

#### **Athletes:**

- 1. **Respect the Coaches**: Always listen to your coaches, trust their expertise, and follow their instructions during training and competition.
- 2. **Punctuality**: Arrive on time for practices and competitions. If you cannot attend, notify the coach in advance.
- 3. **Teamwork**: Support and encourage your fellow athletes. Boxing is an individual sport, but we work as a team.
- 4. **Work Ethic**: Give your best effort in every training session. Stay focused, train hard, and remain committed to improvement.
- 5. **Sportsmanship**: Show respect for opponents, referees, and all participants at all times, both inside and outside the ring.
- 6. **Positive Attitude**: Stay motivated, be open to constructive feedback, and maintain a positive attitude, even during challenging moments.

#### **Parents:**

- 1. **Respect the Coaches**: Allow the coaches to coach. Avoid giving instructions or advice to your child during practice or competitions. Trust the coaching process.
- 2. **Support Your Child**: Encourage your child to do their best, but respect their individual journey and progress. Be supportive both during victories and setbacks.
- 3. **Maintain Respectful Behavior**: Display good sportsmanship at all events and refrain from criticizing officials, coaches, or other participants.
- 4. **Communication**: If you have concerns, address them privately with the coach. Keep communication professional and respectful.
- 5. **Safety and Well-being**: Ensure your child has the necessary gear, is well-rested, and is ready to practice safely. Alert coaches to any medical issues that may affect training or competition.

### Agreement:

By signing below, athletes and parents agree to abide by the guidelines outlined in this Code of Conduct. We are all here to help each other grow, stay safe, and enjoy the sport of boxing.

Athlete's Name:	
Athlete's Signature:	
Date:	
Parent/Guardian's Name:	
Parent/Guardian's Signature:	
Date:	